



DATE AND PLACE OF COMPETITION

When: **From March 20th until March 22th 2020**

Where: Luxembourg indoor Olympic pool – Kirchberg, National Aquatic Center (d'Coque)

QUALIFICATIONS

Qualifying meeting for FINA and LEN events

AGE CATEGORIES

| Girls | Boys |
|--------------------------------|--------------------------------|
| Categorie 1 : 03 and older | Categorie 1 : 01 and older |
| Categorie 2 : 2004/05 | Categorie 2 : 2002/03 |
| Categorie 3 : 2006/07 | Categorie 3 : 2004/05 |
| Categorie 4 : 2008 and younger | Categorie 4 : 2006 and younger |

TIME STANDARDS

| Girls | | | | Race | Boys | | | |
|------------------|----------|----------|----------------|------------|------------------|----------|----------|----------------|
| 03 and older | 04-05 | 06-07 | 08 and younger | | 01 and older | 02-03 | 04-05 | 05 and younger |
| 30''13 (open) | | | | 50 free | 27''11 (open) | | | |
| 1'04''16 | 1'07''35 | 1'11''87 | 1'20''32 | 100 free | 56''93 | 59''90 | 1'03''60 | 1'07''03 |
| 2'19''07 | 2'25''92 | 2'35''69 | 2'50''69 | 200 free | 2'05''56 | 2'12''10 | 2'20''25 | 2'27''82 |
| 5'12''08 (open) | | | | 400 free | 4'47''18 (open) | | | |
| 10'14''42 (open) | | | | 800 free | n.a. | | | |
| n.a. | | | | 1500 free | 18'10''87 (open) | | | |
| 34''95 (open) | | | | 50 back | 31''43 (open) | | | |
| 1'13''54 | 1'16''86 | 1'22''00 | 1'32''68 | 100 back | 1'04''66 | 1'08''03 | 1'12''23 | 1'16''12 |
| 2'37''24 | 2'44''32 | 2'55''33 | 3'15''88 | 200 back | 2'21''46 | 2'28''33 | 2'38''01 | 2'46''53 |
| 38''61 (open) | | | | 50 breast | 34''55 (open) | | | |
| 1'22''25 | 1'26''29 | 1'32''07 | 1'42''28 | 100 breast | 1'12''67 | 1'16''46 | 1'21''18 | 1'25''56 |
| 2'55''45 | 3'04''82 | 3'17''20 | 3'32''20 | 200 breast | 2'37''75 | 2'45''97 | 2'56''21 | 3'05''71 |
| 32''50 (open) | | | | 50 fly | 29''54 (open) | | | |
| 1'11''29 | 1'14''35 | 1'19''33 | 1'29''30 | 100 fly | 1'02''91 | 1'06''19 | 1'10''28 | 1'14''07 |
| 2'36''70 | 2'43''47 | 2'54''42 | 3'15''40 | 200 fly | 2'19''83 | 2'27''12 | 2'36''19 | 2'44''62 |
| 2'40''34 | 2'47''81 | 2'59''05 | 3'17''05 | 200 I.M. | 2'22''53 | 2'29''96 | 2'39''21 | 2'47''80 |
| 5'43''54 (open) | | | | 400 I.M. | 5'14''20 (open) | | | |

INFO

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CIJ MEET PROGRAM

Friday 20th to Sunday 22th of March 2020

Friday, 20th of March 2020

1st part

Warm-up 16.00 - 17.00

- 1 Finals (3 heats, Open direct finals) 800m Freestyle Girls
- 2 Finals (3 heats, Open direct finals) 1500m Freestyle Boys
- 3 Preliminary rounds 400m I.M. Girls
- 4 Preliminary rounds 400m I.M. Boys
- 5 Preliminary rounds 50m Backstroke Girls
- 6 Preliminary rounds 50m Backstroke Boys
- 7 Preliminary rounds 50m Butterfly Girls
- 8 Preliminary rounds 50m Butterfly Boys
- 9 Preliminary rounds 50m Freestyle Girls
- 10 Preliminary rounds 50m Freestyle Boys
- 11 Preliminary rounds 50m Breast Girls
- 12 Preliminary rounds 50m Breast Boys

Saturday, 21th of March 2020

2nd part

Warm-up 7.30 - 8.30

- 13 Preliminary rounds 400m Freestyle Girls
- 14 Preliminary rounds 400m Freestyle Boys
- 15 Preliminary rounds 100m Breast Girls
- 16 Preliminary rounds 100m Breast Boys
- 17 Preliminary rounds 200m Backstroke Girls
- 18 Preliminary rounds 200m Backstroke Boys
- 19 Preliminary rounds 200m Butterfly Girls
- 20 Preliminary rounds 200m Butterfly Boys
- 21 Preliminary rounds 100m Freestyle Girls
- 22 Preliminary rounds 100m Freestyle Boys

3rd part

Warm-up 14.30 - 15.30

- 13 Finals 400m Freestyle Girls
- 14 Finals 400m Freestyle Boys
- 15 Finals 100m Breast Girls
- 16 Finals 100m Breast Boys
- 17 Finals 200m Backstroke Girls
- 18 Finals 200m Backstroke Boys
- 19 Finals 200m Butterfly Girls
- 20 Finals 200m Butterfly Boys
- 21 Finals 100m Freestyle Girls
- 22 Finals 100m Freestyle Boys
- 3 Finals 400m I.M. Girls
- 4 Finals 400m I.M. Boys

- 5 Finals 50m Backstroke Girls
- 6 Finals 50m Backstroke Boys
- 7 Finals 50m Butterfly Girls
- 8 Finals 50m Butterfly Boys
- 33 Finals 4x50m Freestyle mixed Relay

Sunday, 22th of March 2020

4th part

Warm-up 7.30 - 8.30

- 23 Preliminary rounds 200m Freestyle Girls
- 24 Preliminary rounds 200m Freestyle Boys
- 25 Preliminary rounds 200m Breast Girls
- 26 Preliminary rounds 200m Breast Boys
- 27 Preliminary rounds 100m Backstroke Girls
- 28 Preliminary rounds 100m Backstroke Boys
- 29 Preliminary rounds 100m Butterfly Girls
- 30 Preliminary rounds 100m Butterfly Boys
- 31 Preliminary rounds 200m I.M. Girls
- 32 Preliminary rounds 200m I.M. Boys

5th part

Warm-up 13.00 - 14.00

- 23 Finals 200m Freestyle Girls
- 24 Finals 200m Freestyle Boys
- 25 Finals 200m Breast Girls
- 26 Finals 200m Breast Boys
- 27 Finals 100m Backstroke Girls
- 28 Finals 100m Backstroke Boys
- 29 Finals 100m Butterfly Girls
- 30 Finals 100m Butterfly Boys
- 31 Finals 200m I.M. Girls
- 32 Finals 200m I.M. Boys
- 9 Finals 50m Freestyle Girls
- 10 Finals 50m Freestyle Boys
- 11 Finals 50m Breast Girls
- 12 Finals 50m Breast Boys
- 34 Finals 4x50m I.M. mixed Relay



DATE ET LIEU DE LA COMPETITION

Quand: **du 20 mars au 22 mars 2020**

Où: Luxembourg indoor Olympic pool – Kirchberg, National Aquatic Center (d'Coque)

QUALIFICATIONS

Compétition reconnue pour les temps de qualifications FINA et LEN

CATEGORIES D'AGE

| Filles | Garçons |
|-----------------------------------|-----------------------------------|
| Catégorie 1 : 03 et plus âgées | Catégorie 1 : 01 et plus âgés |
| Catégorie 2 : 2004/05 | Catégorie 2 : 2002/03 |
| Catégorie 3 : 2006/07 | Catégorie 3 : 2004/05 |
| Catégorie 4 : 2008 et plus jeunes | Catégorie 4 : 2006 et plus jeunes |

TEMPS LIMITES

| Filles | | | | Course | Garçons | | | |
|------------------|---------|---------|-------------------|--------------|-----------------|---------|---------|-------------------|
| 03 et plus âgées | 04-05 | 06-07 | 08 et plus jeunes | | 01 et plus âgés | 02-03 | 04-05 | 06 et plus jeunes |
| 30"13 (open) | | | | 50 NL | 27"11 (open) | | | |
| 1'04"16 | 1'07"35 | 1'11"87 | 1'20"32 | 100 NL | 56"93 | 59"90 | 1'03"60 | 1'07"03 |
| 2'19"07 | 2'25"92 | 2'35"69 | 2'50"69 | 200 NL | 2'05"56 | 2'12"10 | 2'20"25 | 2'27"82 |
| 5'12"08 (open) | | | | 400 NL | 4'47"18 (open) | | | |
| 10'14"42 (open) | | | | 800 NL | n.a. | | | |
| n.a. | | | | 1500 NL | 18'10"87 (open) | | | |
| 34"95 (open) | | | | 50 dos | 31"43 (open) | | | |
| 1'13"54 | 1'16"86 | 1'22"00 | 1'32"68 | 100 dos | 1'04"66 | 1'08"03 | 1'12"23 | 1'16"12 |
| 2'37"24 | 2'44"32 | 2'55"33 | 3'15"88 | 200 dos | 2'21"46 | 2'28"33 | 2'38"01 | 2'46"53 |
| 38"61 (open) | | | | 50 brasse | 34"55 (open) | | | |
| 1'22"25 | 1'26"29 | 1'32"07 | 1'42"28 | 100 brasse | 1'12"67 | 1'16"46 | 1'21"18 | 1'25"56 |
| 2'55"45 | 3'04"82 | 3'17"20 | 3'32"20 | 200 brasse | 2'37"75 | 2'45"97 | 2'56"21 | 3'05"71 |
| 32"50 (open) | | | | 50 papillon | 29"54 (open) | | | |
| 1'11"29 | 1'14"35 | 1'19"33 | 1'29"30 | 100 papillon | 1'02"91 | 1'06"19 | 1'10"28 | 1'14"07 |
| 2'36"70 | 2'43"47 | 2'54"42 | 3'15"40 | 200 papillon | 2'19"83 | 2'27"12 | 2'36"19 | 2'44"62 |
| 2'40"34 | 2'47"81 | 2'59"05 | 3'17"05 | 200 4 Nages | 2'22"53 | 2'29"96 | 2'39"21 | 2'47"80 |
| 5'43"54 (open) | | | | 400 4 Nages | 5'14"20 (open) | | | |

INFO

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CIJ MEET PROGRAMME

Vendredi 20 Mars - Dimanche 22 Mars 2020

Vendredi, le 20 mars 2020

1e partie

Echauffement 16.00 - Début 17.00

- 1 Finales directes (3 séries) 800m Nage libre Filles
- 2 Finales directes (3 séries) 1500m Nage libre Garçons
- 3 Eliminatoires 400m 4 Nages Filles
- 4 Eliminatoires 400m 4 Nages Garçons
- 5 Eliminatoires 50m Dos Filles
- 6 Eliminatoires 50m Dos Garçons
- 7 Eliminatoires 50m Papillon Filles
- 8 Eliminatoires 50m Papillon Garçons
- 9 Eliminatoires 50m Nage libre Filles
- 10 Eliminatoires 50m Nage libre Garçons
- 11 Eliminatoires 50m Brasse Filles
- 12 Eliminatoires 50m Brasse Garçons

Samedi, le 21 mars 2020

2e partie

Echauffement 7.30 - Début 8.30

- 13 Eliminatoires 400m Nage libre Filles
- 14 Eliminatoires 400m Nage libre Garçons
- 15 Eliminatoires 100m Brasse Filles
- 16 Eliminatoires 100m Brasse Garçons
- 17 Eliminatoires 200m Dos Filles
- 18 Eliminatoires 200m Dos Garçons
- 19 Eliminatoires 200m Papillon Filles
- 20 Eliminatoires 200m Papillon Garçons
- 21 Eliminatoires 100m Nage libre Filles
- 22 Eliminatoires 100m Nage libre Garçons

3e partie

Echauffement 14.30 - Début 15.30

- 13 Finale 400m Nage libre Filles
- 14 Finale 400m Nage libre Garçons
- 15 Finales 100m Brasse Filles
- 16 Finales 100m Brasse Garçons
- 17 Finales 200m Dos Filles
- 18 Finales 200m Dos Garçons
- 19 Finales 200m Papillon Filles
- 20 Finales 200m Papillon Garçons
- 21 Finales 100m Nage libre Filles
- 22 Finales 100m Nage libre Garçons
- 3 Finale 400m 4 Nages Filles
- 4 Finale 400m 4 Nages Garçons

- 5 Finale 50m Dos Filles
- 6 Finale 50m Dos Garçons
- 7 Finale 50m Papillon Filles
- 8 Finale 50m Papillon Garçons
- 33 Finale 4x50m Nage libre Relais mixtes

Dimanche, le 22 mars 2020

4e partie

Echauffement 7.30 - Début 8.30

- 23 Eliminatoires 200m Nage libre Filles
- 24 Eliminatoires 200m Nage libre Garçons
- 25 Eliminatoires 200m Brasse Filles
- 26 Eliminatoires 200m Brasse Garçons
- 27 Eliminatoires 100m Dos Filles
- 28 Eliminatoires 100m Dos Garçons
- 29 Eliminatoires 100m Papillon Filles
- 30 Eliminatoires 100m Papillon Garçons
- 31 Eliminatoires 200m 4 Nages Filles
- 32 Eliminatoires 200m 4 Nages Garçons

5e partie

Echauffement 13.00 - Début 14.00

- 23 Finales 200m Nage libre Filles
- 24 Finales 200m Nage libre Garçons
- 25 Finales 200m Brasse Filles
- 26 Finales 200m Brasse Garçons
- 27 Finales 100m Dos Filles
- 28 Finales 100m Dos Garçons
- 29 Finales 100m Papillon Filles
- 30 Finales 100m Papillon Garçons
- 31 Finales 200m 4 Nages Filles
- 32 Finales 200m 4 Nages Garçons
- 9 Finale 50m Nage libre Filles
- 10 Finale 50m Nage libre Garçons
- 11 Finale 50m Brasse Filles
- 12 Finale 50m Brasse Garçons
- 34 Finale 4x50m 4 Nages Relais mixtes