## **Save the Date**



# LUX MASTERS OPEN 2020 \* 10 - 11 OCT 2020

is pleased to welcome the

### Championnats Nationaux Masters du Luxembourg

#### \* Under cover COVID 19 Protocol

#### Organized by Swimming Luxembourg

#### <u>SITE</u>

Piscine du Campus Geesseknäppchen Boulevard Pierre Dupong L-1430 Luxembourg







luxmasteropen@swimming.lu www.swimming.lu





#### POOL SPECIFICATIONS

- 50m- 10 lanes, separated by wave
- breaking lane ropes
- 2m depth I 27°C temp.
- Omega electronic system timing

- 5x 25m swim down pool



### **Program** LUX MASTERS OPEN 2020 Championnats Nationaux Masters du Luxembourg (25+ only)

#### Saturday, October 10th 2020

#### 1<sup>st</sup> part : Warm up 8.00, Competition 9.00

Race 1. 1500m Freestyle WomenWomen 20+ Women 25+Race 2. 1500m Freestyle MenMen 20+ Men 25+Race 3. 200m Backstroke WomenWomen 20+ Women 25+Race 4. 200m Backstroke MenMen 20+ Men 25+Race 5. 50m Breaststroke WomenWomen 20+ Women 25+Race 6. 50m Breaststroke MenMen 20+ Men 25+Race 6. 50m Breaststroke MenMen 20+ Men 25+Race 6. 50m Breaststroke MenMen 20+ Men 25+

#### 2<sup>nd</sup> part : Warm up 13.30, Competition 14.30

Race 7. 50m Backstroke Women Women 20+ Women 25+ Race 8. 50m Backstroke Men Men 20+ Men 25+ Race 9. 4x 50m Medley Women Women 80+ Women 100+ Race 10. 4x 50 Medley Men Men 80+ Men 100+ Race 11. 100m Freestyle Women Women 20+ Women 25+ Race 12. 100m Freestyle Men Men 20+ Men 25+ Race 13. 400m Medley Women Women 20+ Women 25+





Race 14. 400m Medley Men Men 20+ Men 25+ Race 15. 100m Butterfly Women Women 20+ Women 25+ Race 16. 100m Butterfly Men Men 20+ Men 25+

#### Break 20 minutes

Race 17. 4x 50m Medley Mixed Mixed 80+ Mixed 100+ Race 18. 200m Breaststroke Women Women 20+ Women 25+ Race 19. 200m Breaststroke Men Men 20+ Men 25+ Race 20. 400m Freestyle Women Women 20+ Women 25+ Race 21. 400m Freestyle Men Men 20+ Men 25+

#### Sunday, October 11<sup>th</sup> 2020

#### 3<sup>rd</sup> part : Warm up 8.00, Competition 9.00

Race 22. 800m Freestyle Women Women 20+, Women 25+ Race 23. 800m Freestyle Men Men 20+, Men 25+ Race 24. 4x 50m Freestyle Women Women 80+ Women 100+ Race 25. 4x 50m Freestyle Men Men 80+ Men 100+



Race 26. 100m Backstroke Women Women 20+ Women 25+ Race 27. 100m Backstroke Men Men 20+ Men 25+ Race 28. 200m Medley Women Women 20+ Women 25+ Race 29. 200m Medley Men Men 20+ Men 25+ Race 30. 50m Butterfly Women Women 20+ Women 25+ Race 31. 50m Butterfly Men Men 20+ Men 25+

#### 4<sup>th</sup> part : Warm up 13.00, Competition 14.00

Race 32, 50m Freestvle Women Women 20+ Women 25+ Race 33, 50m Freestvle Men Men 20+ Men 25+ Race 34. 200m Butterfly Women Women 20+ Women 25+ Race 35, 200m Butterfly Men Men 20+ Men 25+ Race 36. 100m Breaststroke Women Women 20+, Women 25+ Race 37, 100m Breaststroke Men Men 20+. Men 25+ Race 38. 200m Freestyle Women Women 20+, Women 25+ Race 39. 200m Freestyle Men Men 20+, Men 25+ Race 40. 4x 50m Freestyle Mixed Mixed 80+ Mixed 100+



