

LUX MASTERS OPEN 2020 / Championnats Nationaux Masters du Luxembourg 10th – 11th October 2020

50m Pool at Campus Geesseknaeppchen
(Boulevard Pierre Dupong, L-1430 Luxembourg)

Swimming Luxembourg is happy to welcome you again for the 27th LUX MASTERS OPEN. We are also pleased to welcome this year the **Championnats Nationaux Masters du Luxembourg** on top of our meeting.

The competition is organized in compliance with the rules of FINA and the FLNS. The organizer reserves its rights to make program changes if required.

Entries

Each swimmer has to have a valid licence to participate.

Registrations are open from **Sept 14th to October 3rd 2020**

An electronic entry form is available on our website www.swimming.lu and on www.swimrankings.net

You will receive a confirmation email regarding your entries.

We will send you a "draft" participant list in order to double check the entries with you.

On October 9th, we will publish the program on our website www.swimming.lu

- Email : luxmasteropen@swimming.lu (Reference : Lux Masters Open 2020)

Fees

- Registration fee: per individual event: 7 €
- Fees are to be paid by transfer or in cash at arrival. Transfers can be made to:

**Swimming Luxembourg, IBAN LU17 1111 0043 4577 0000,
BIC Code: CCPLLULL, Reference: Lux Masters Open 2020**

- If you do not get any confirmation, please contact us on: luxmasteropen@swimming.lu

General regulations

- Races will fall under the regulation of FINA and FLNS.
 - INDIVIDUAL EVENTS - for Men and Women
 - Freestyle – 50m, 100m, 200m, 400m, 800m and 1500m
 - Backstroke, Breaststroke and Butterfly – 50m, 100m and 200m
 - Individual Medley – 200m and 400m.
- Age Groups:
25 – 29, 30 – 34, 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 – 64, 65 – 69, 70 – 74,
75 – 79, 80 – 84, 85 – 89, 90 – 94, 95 – 99, 100 – 104, ...
(five year age groups as high as is necessary).
- Premasters (20 – 24) can take part to LUX MASTERS OPEN 2020 on Individual Events. Premasters will be put in the same heats as Masters.

Additional rules for Championnats Nationaux Masters du Luxembourg

- INDIVIDUAL EVENTS : Can participate to the National Masters Championships of Luxembourg, only swimmers with Luxembourgish nationality as declared to the FLNS.
- Premasters : According to the FINA rules, Premasters can not participate to the National Masters Championships of Luxembourg

Heats and seeding

- Starting lists will be published on our website (www.swimming.lu) as soon as the entries have been processed. No changes are possible hereafter.
- The heats will be seeded with 10 persons per heat according to entry times.
- The program will be posted on the wall of the pool (no paper copy will be distributed)
- For organizational reasons and to limit the duration of the competition, the committee might limit the entries after the deadline.
- The organizing committee reserves the right to put 2 swimmers per lane in the 800m and 1500m freestyle. Participants in the 800m and 1500m freestyle will have to arrange for someone to count their laps.
- **For the 1500m freestyle the cut off time is fixed to 32 minutes.** A swimmer may be taken out of the 1500m freestyle by the referee if he or she is still swimming when the cut off time has been reached.

Officials

- Clubs with more than 8 participants are requested to bring an official. Lunch and water during the competition will be provided for free.

Results

- Results will be published in two places at the swimming pool during the event and posted on the Swimming Luxembourg website (www.swimming.lu). An lxf file will be also published on our website.
- **No results will be printed on paper.**

By entering the LUX MASTERS OPEN as a competitor, we inform you that your name, surname, date of birth and performance will be communicated to the LUX MASTERS OPEN committee and you hereby consent that this information shall be made public and published on the internet.

Additional rules for Championnats Nationaux Masters du Luxembourg

- Luxembourgish swimmers will have their own results and ranking. They will also be classified on the LUX MASTERS OPEN 2020 ranking.

Awards

There will be two medals ceremony for each event, one for the **LUX MASTERS OPEN 2020** and one for the **Championnats Nationaux Masters du Luxembourg**

- In each individual event and relay, there will be three medals per age group.
- Oldest male and female participant will be honored.
- Team-award: The 6 best clubs will receive a trophy.

The points will be distributed as follows:

1 st place – 12 points	2 nd place – 10 points	3 rd place – 8 points
4 th place – 6 points	5 th place – 4 points	6 th place – 2 points

The medal ceremonies will take place during the competition, near the pool

Be aware of announcements from the speaker.

Medals will not be sent by mail.

Additional rules for Championnats Nationaux Masters du Luxembourg

- **INDIVIDUAL EVENTS:** In each individual event, the first three Luxembourgish swimmers per age group will be rewarded.

Social activities / Food

- There will be a stand with sandwiches, cakes, snacks etc. throughout the competition and the medal ceremony.
- Warm lunch (including water) between 12h00 and 14h00 at the pool complex both Saturday and Sunday for the price of 13 € (**Lunch must be ordered in advance through the attached form. Dead line October 3rd 2020**)

Accommodation

The organizing committee does not reserve any hotel rooms.

HOTELS

PARK INN HOTEL (3km)
45-47 , avenue de la Gare
L-1117 Luxembourg
Tel : +352 268918 1
info.luxembourg@rezidorparkinn.com

HOTEL LE CHATELET
2, boulevard de la Pétrusse (4km)
L-2320 Luxembourg
Tel : +352 40 21 01
www.chatelet.lu

HOTEL ITALIA (4km)
15-17, rue d'Anvers
L-1130 Luxembourg
Tel : +352 48 66 26 1
www.hpb.lu

HOTEL PARC BELAIR
111, avenue du X septembre (1km)
L-2551 Luxembourg
Tel : +352 44 23 23 1

YOUTH HOSTEL
2, rue Fort Olisy (6km)
L-2261 Luxembourg
Tel : +352 22 68 89 20
www.youthhostels.lu (shuttle bus possible)

HOTEL PIEMONT
56-58 route d'Esch (1km)
L-1470 Luxembourg
Tel: +352 25 42 01 1
www.hotelpiemont.lu

HOTEL CHRISTOPHE COLOMBUS
10, rue d'Anvers (3km)
L-1130 Luxembourg
Tel : +352 40 84 14 1
Mail: H5587@accor.com

HOTEL IBIS
Rue de Turi (12km)
L-3378 Livange
Tel: +352 26 52 01

CAMPUS GEESSEKNÄPPCHEN

Protocole SANITAIRE COVID-19

Lux Masters Open 2020 / Championnats Nationaux Masters du Luxembourg 10 et 11 Octobre 2020

Health recommendations related to the fight against the COVID-19 pandemic will be in effect on the date of the event

Access to the swimming pool:

- Only competitive swimmers, coaches, officials and the Swimming Luxembourg organizing team will have access to the pool.
- Access to the swimming pool is prohibited for visitors and spectators.
- Access to the stands is prohibited.
- Families will be able to watch the competitor's races in the cafeteria area or in the main entrance hall.

Wearing a mask :

- Wearing a mask is compulsory in the building except in the pool and showers
- Before the warm-up and races, competitors will be asked to come behind the starting block in swimsuits, goggles and mask only (no swimmer chair or clothing bin).
- Each competitors are requested to bring a small bag / sachet to put the mask in at the edge of the pool (before the starting block. During warm-up and before races)

Disinfectants :

- Products for hand disinfection are available at the entrance to the changing rooms.
- All concerned are requested to disinfect their hands before entering the changing rooms.
- The changing rooms and toilets will be disinfected regularly.

Swimming lanes :

The number maximum of swimmers per lane is : 8 per lane (same for 25m or 50m pool)

Officials:

- Officials will have their own changing rooms.
- Officials will be separated from the athletes.
- A starter zone will be set up.

Others:

- Wearing swim slides / sandals / Crocs is mandatory (No sneakers, shoes, ...)
- Hairdryers are out of order.
- Swimmers cannot bring their own hairdryer.

Cafétéria :

- The number of seats in the cafeteria is 150 at most.
- Each table can only accommodate a maximum of 10 people, even people being in the same family. The fine set by the government is 139 euros per person and 4000 euros for the organizer.
- Customers are only served in seats
- The tables will be disinfected at each change of customer
- Tables placed side by side are separated by a distance of at least 1.5 meters or, in the event of a shorter distance, by a barrier or a physical separation to limit the risk of infection
- Wearing a mask is mandatory for customers when they are not seated at the table
- Wearing a mask is mandatory for staff in direct contact with the customer

Failure to follow the protocol will result in exclusion from the competition.

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Protocole SANITAIRE COVID-19

Lux Masters Open 2020 / Championnats Nationaux Masters du Luxembourg 10 et 11 Octobre 2020

Les recommandations sanitaires liées à la lutte contre la pandémie COVID-19 seront en vigueur à la date de l'évènement

Accès à la piscine :

- Seuls les nageurs compétiteurs, entraîneurs, officiels et équipe organisatrice du Swimming Luxembourg auront accès à la piscine.
- L'accès à la piscine est interdit aux visiteurs, spectateurs.
- L'accès aux gradins est interdit.
- Les familles pourront assister aux courses des compétiteurs de l'espace cafétéria ou dans le hall d'entrée.

Port du masque :

- Le port du masque est obligatoire dans l'ensemble du bâtiment à part dans le bassin et dans les douches.
- Avant l'échauffement et les courses, les compétiteurs seront priés de venir derrière le plot de départ en maillot de bain, lunettes et masque uniquement (pas de chaise ou de bac à vêtement).
- Chaque compétiteur est prié d'apporter un petit sac / sachet pour poser le masque dedans au bord du bassin (avant le plot de départ. A l'échauffement et avant la course)

Désinfectants :

- Des produits pour la désinfection des mains sont mis à disposition à l'entrée des vestiaires.
- Toutes les personnes concernées sont priées de se désinfecter les mains avant d'entrer dans les vestiaires.
- Les vestiaires et les toilettes seront désinfectés régulièrement.

Couloirs de natation :

Le nombre maximal de nageurs par couloir est de : 8 par ligne (Petit ou grand bassin)

Officiels et juges :

- Les officiels auront leurs propres vestiaires.
- Les officiels seront séparés des athlètes au bord du bassin.
- Une zone starter sera aménagée.

Autres :

- Le port de claquettes / sandales de bain / Croks est obligatoire (Pas de baskets, chaussures)
- Les sèche-cheveux sont hors service.
- Les nageurs ne peuvent pas apporter leurs propres sèche-cheveux.

Cafétéria :

- Le nombre de places assises dans la cafétéria est de 150 au maximum.
- Chaque table n'accueille qu'un nombre maximal de 10 personnes, même si elles sont de la même famille : l'amende fixée par le gouvernement est de 139 euros par personnes et 4000 euros pour le tenancier
- Les clients ne sont servis qu'à des places assises
- Les tables seront désinfectées à chaque changement de client
- Les tables placées côte à côte sont séparées d'une distance d'au moins 1,5 mètres ou, en cas de distance inférieure, par une barrière ou une séparation physique permettant de limiter le risque d'infection
- Le port de masque est obligatoire pour le client lorsqu'il n'est pas assis à table
- Le port du masque est obligatoire pour le personnel en contact direct avec le client
- La fermeture a obligatoirement lieu au plus tard à minuit sans dérogation possible

Le non-respect du protocole entraînera l'exclusion de la compétition.