

CIJ MEET PROGRAM

Friday 10th to Sunday 12th of March 2023

Friday, 10th of March 2023

1st part

Warm-up 15.00 - 16.20 – 1st start 16h30

- 1 Finals (3 heats, Open direct finals) 800m Freestyle Girls
- 2 Finals (3 heats, Open direct finals) 1500m Freestyle Boys
- 3 Preliminary rounds 400m I.M. Girls
- 4 Preliminary rounds 400m I.M. Boys
- 5 Preliminary rounds 50m Backstroke Girls
- 6 Preliminary rounds 50m Backstroke Boys
- 7 Preliminary rounds 50m Butterfly Girls
- 8 Preliminary rounds 50m Butterfly Boys
- 9 Preliminary rounds 50m Freestyle Girls
- 10 Preliminary rounds 50m Freestyle Boys
- 11 Preliminary rounds 50m Breast Girls
- 12 Preliminary rounds 50m Breast Boys

Saturday, 11th of March 2023

2nd part

Warm-up 7.15 - 8.10 – 1st start 8h20

- 13 Preliminary rounds 400m Freestyle Girls
- 14 Preliminary rounds 400m Freestyle Boys
- 15 Preliminary rounds 100m Breast Girls
- 16 Preliminary rounds 100m Breast Boys
- 17 Preliminary rounds 200m Backstroke Girls
- 18 Preliminary rounds 200m Backstroke Boys
- 19 Preliminary rounds 200m Butterfly Girls
- 20 Preliminary rounds 200m Butterfly Boys
- 21 Preliminary rounds 100m Freestyle Girls
- 22 Preliminary rounds 100m Freestyle Boys

3rd part

Warm-up 14.15 - 15.20 – 1st start 15h30

- 5 Semi-finals (open) 50m Backstroke Girls
- 6 Semi-finals (open) 50m Backstroke Boys
- 7 Semi-finals (open) 50m Butterfly Girls
- 8 Semi-finals (open) 50m Butterfly Boys
- 13 Finals (A final open) 400m Freestyle Girls
- 14 Finals (A final open) 400m Freestyle Boys
- 15 Finals (categories 4 to 1) 100m Breast Girls
- 16 Finals (categories 4 to 1) 100m Breast Boys
- 17 Finals (categories 4 to 1) 200m Backstroke Girls
- 18 Finals (categories 4 to 1) 200m Backstroke Boys
- 19 Finals (categories 4 to 1) 200m Butterfly Girls
- 20 Finals (categories 4 to 1) 200m Butterfly Boys

- 21 Finals (catégories 4 à 1) 100m Freestyle Girls
- 22 Finals (catégories 4 à 1) 100m Freestyle Boys
- 3 Finals (A final open) 400m I.M. Girls
- 4 Finals (A final open) 400m I.M. Boys
- 5 Finals (open) 50m Backstroke Girls
- 6 Finals (open) 50m Backstroke Boys
- 7 Finals (open) 50m Butterfly Girls
- 8 Finals (open) 50m Butterfly Boys
- 33 Finals (open) 4x50m Freestyle mixed Relay

Sunday, 12th of March 2023

4th part

Warm-up 7.15 - 8.10 – 1st start 8h20

- 23 Preliminary rounds 200m Freestyle Girls
- 24 Preliminary rounds 200m Freestyle Boys
- 25 Preliminary rounds 200m Breast Girls
- 26 Preliminary rounds 200m Breast Boys
- 27 Preliminary rounds 100m Backstroke Girls
- 28 Preliminary rounds 100m Backstroke Boys
- 29 Preliminary rounds 100m Butterfly Girls
- 30 Preliminary rounds 100m Butterfly Boys
- 31 Preliminary rounds 200m I.M. Girls
- 32 Preliminary rounds 200m I.M. Boys

5th part

Warm-up 13.10 - 14.10 – 1st start 14h20

- 9 Semi-finals (open) 50m Freestyle Girls
- 10 Semi-finals (open) 50m Freestyle Boys
- 11 Semi-finals (open) 50m Breast Girls
- 12 Semi-finals (open) 50m Breast Boys
- 23 Finals (catégories 4 à 1) 200m Freestyle Girls
- 24 Finals (catégories 4 à 1) 200m Freestyle Boys
- 25 Finals (catégories 4 à 1) 200m Breast Girls
- 26 Finals (catégories 4 à 1) 200m Breast Boys
- 27 Finals (catégories 4 à 1) 100m Backstroke Girls
- 28 Finals (catégories 4 à 1) 100m Backstroke Boys
- 29 Finals (catégories 4 à 1) 100m Butterfly Girls
- 30 Finals (catégories 4 à 1) 100m Butterfly Boys
- 31 Finals (catégories 4 à 1) 200m I.M. Girls
- 32 Finals (catégories 4 à 1) 200m I.M. Boys
- 9 Finals (open) 50m Freestyle Girls
- 10 Finals (open) 50m Freestyle Boys
- 11 Finals (open) 50m Breast Girls
- 12 Finals (open) 50m Breast Boys
- 34 Finals (open) 4x50m I.M. mixed Relay

Boys	Girls
Category 1 : 05 and older	Category 1 : 06 and older
Category 2 : 2006/07	Category 2 : 2007/08
Category 3 : 2008/09	Category 3 : 2009/10
Category 4 : 2010 and younger	Category 4 : 2011 and younger