

CIJ MEET 2024

Information and Conditions

1. Introduction

The CIJ MEET LUX is organised by Swimming Luxembourg in compliance with the rules of World Aquatics and the Luxembourg Swimming Federation (FLNS).

2. Date and place of competition

The competition will take place from March 8th until 10th 2024.

The event will be held at the National Aquatic Center of d'Coque, full name "Centre National Sportif et Culturel d'Coque".

The address of d'Coque is: 2, rue Léon Hengen
L-1745 Luxembourg
www.coque.lu

The competition pool is a 50m pool with 10 lanes, depth is 2,20m throughout and the water temperature is 26°C. Time keeping is operated by electronic Swiss Timing.

A six lane 50m training pool and a 25m warm-up pool are available in the same building throughout the meeting.

3. Age categories

The competition is open to all athletes, in all age categories, whose Team or National Federation is registered with World Aquatics.

For the 100m and 200m distances, classification will be based on the following categories:

Boys	Girls
Category 1 : 2006 and older	Category 1 : 2007 and older
Category 2 : 2007/08	Category 2 : 2008/09
Category 3 : 2009/10	Category 3 : 2010/11
Category 4 : 2011 and younger	Category 4 : 2012 and younger

For the 50m, 400m, 800m, 1500m and 4x50m relays, the athletes are subject to open classification.

4. Heats semi-finals and finals

To guarantee a fluid competition, *a maximum of 2300 entries will be accepted*. The Organising Committee reserves the right to exclude entries and merge events as appropriate, after closing of registration. Entry applications outside the time standards may be accepted subject to the 2300 entries limit criterion.

The 50m races will be heats to qualify for semi-finals and then finals. The heats shall be made up according to the entry times without taking into account the age category. The heats are swum in 10 lanes. The 20 fastest boys and girls from each race out of the unique category shall qualify for the semi-finals, even if they have not reached the time standard. The 10 finalists contest a final and swim in 10 lanes.

New on the program will be the 50m freestyle skins, for girls and boys. After the 10 finalists, the male and female heats will be run alternately. After each round 2 swimmers will be eliminated until a winners is determined.

There will be heats in the 100m, 200m, 400m freestyle et 400m medley to qualify for the finals. The heats shall be made up according to the entry times without taking into account the age category. The heats are swum in 10 lanes.

The 100m and 50m races are limited to 15 heats per race for boys and girls respectively.

After the 100m and 200m heats, the 10 fastest boys and 10 fastest girls from each category and race will be qualified for the finals, even if the time standard has not been reached.

The 100m and 200m final races are swum by age category on 10 lanes and are subject to classification by age category. The sequence for the finals starts with category 4 and finishes with category 1. If necessary, and in particular in the case of not enough athletes qualifying for a race, 2 categories can be regrouped into one race. In this instance, the starting order will be determined by the qualifying times.

The 400m freestyle and 400m medley finals will be swum in open category in 10 lanes and will be subject to open classification (A Finals only).

The 800m freestyle and 1500m freestyle are swum in open category in direct finals on 10 lanes and are subject to open classification. Series are limited to 3 per race for boys and girls respectively.

The entry time must have been realised in the period from 01.01.2023 until 22.02.2024, a proof of performance should be provided.

There will be direct finals in 10 lanes in the 4x50m medley relay and open classification. The relay is mixed and must be composed of 2 girls and 2 boys.

Non-participation in a final must be declared to the competition office within the time of announcement of the results of the series. The same rule applies to reserve swimmers. A non-declared absence from a final will be sanctioned by a fine of 50€. In the spirit of fair play towards all participants and all teams, the organiser appeals for any such cancellations to be done on time and in the correct way.

All athletes will be mentioned on the results lists, even if the time standards have not been reached.

5. Deadline for registration

The deadline for registration is February 22th 2024 at 8 p.m. at the secretariat of Swimming Luxembourg or via mail. Entries received after this date will not be taken into consideration.

To facilitate the registration procedure and reduce the risk of errors, participants are invited to send their entries via the LENEX file specially adapted for this competition. Fill out the LENEX file correctly by respecting the following points:

- Name of swimming team and abbreviation
- Last name, first name, year of birth and nationality of the athlete
- Competition licence number of each athlete
- The number of all events per athlete
- The best entry time established in a 50m pool between 01.01.2023 until 22.02.2024, to be attached as a copy for the proof of time provided
- The date and place of entry time

An alternative to using the LENEX file, and in order to avoid any confusion, participants are invited to use either the EXCEL or DSV file, which are also available on www.swimming.lu.

Completed forms must be sent to the following address: cij@swimming.lu

Session times will be confirmed when all entries have been processed.

If a competitor from a team cannot participate, he/she may be replaced in the same race(s) by another competitor of the same age, the same gender and from the same team. This change must be indicated to the office at least one hour before the start of the first part of the competition. Supplementary entries will not be accepted, even if the participant is already entered for other races.

6. Entry fees

Entry fees are 7 € for each individual race and 12 € for the relays.

In the case of absence, there is no reimbursement.

All entry fees must be paid at the latest by February 25th 2024 to the Swimming Luxembourg bank account at



BGL BNP Paribas
code SWIFT BGLLLULL
code IBAN: **LU15 0030 5366 6696 0000**
with the mention « CIJ Meet LUX »

7. Meals

Swimming Luxembourg proposes meals which can be provided at the National Aquatics Center. Meals can be ordered using the designated form.

Payment must be made by transfer before February 25th 2024 to the Swimming Luxembourg account referred, to under point No. 6 above, with the mention « CIJ MENU ».

8. Welcome desk

Teams are welcome from 12 midday on Friday, March 8th 2024 at the National Aquatics Center, of d'Coque.

A Team Leaders meeting will be held, if necessary, before the event. The date and place will be confirmed in March.

Lockers are available in the Center. Keys for the lockers may be obtained from the welcome desk, with the payment of a 15€ deposit. The deposit will be refunded on the return of the key.

There is a possibility to have slots in the basement 50m pool for Friday morning and/or afternoon. Please get in touch with M Didier Ecker on email didier.ecker@swimming.lu.

9. Prizes

In the 4 categories of the 100m and 200m races and in the open category of the 50m, 400m, 800m and 1500m and 4x50m relays, the first three athletes will receive a medal provided that the time standard was reached in the final.

The first athlete in each of the 50m races will receive a prize of 50 €.

The best performance girl and best performance boy (FINA points) will receive a prize to the value of 250 €.

An award of 75 € will be given to an athlete setting a new meet record.

Each Athlete must be present at the respective victory ceremony in order to receive their award.



10. Team classification

The « Félicien Hanrion Trophy » is automatically open to all teams participating at CIJ MEET LUX.

Team classification is based on all the results of all the races. To be considered, the time standards must have been reached.

The points are attributed in the following way:

- 1st - 13 points
- 2nd - 8 points
- 3rd - 5 points
- 4th - 3 points
- 5th - 2 points
- 6th - 1 point

For the team classification, the 50 best rankings of each team are taken into account (a maximum of 650 points can be attained). In the case of equality of points, the number of best rankings is taken into consideration.

The Team which accumulates the highest number of points in the overall ranking receives the « Félicien Hanrion Trophy ». Teams ranked second and third will also receive a prize. The winning team benefits from 50 free starts (without entry fees) at the next edition, the team coming second gets 30 free starts and the team ranked third 20 free starts.

11. Results and Start Lists

Free wireless internet access is available within the National Sports Center, d'Coque and the race results will be posted on our club website, www.swimming.lu.

During the competition, the results will also be published at different points around the pool. Start lists will be made available to each Team in accordance with the following allocation:

- 1 Start List for up to nine team athletes
- 2 Start Lists for between ten and eighteen athletes
- 3 Start Lists for Teams with nineteen athletes, or more.

No additional Start Lists will be provided.

12. Judges and officials

All participating Teams are invited to nominate Officials, to ensure the smooth running of the competition.

FLNS Officials are requested to register through the FLNS App
http://app.flns.lu/flns_juges/_login.php



Non FLNS Teams should notify the Organising Committee, of their Officials during the registration process indicating availability and preferred domains.

All Officials are required to wear long white trousers and closed white shoes. An Event T-Shirt will be provided.

The Official's briefing will be held sixty minutes before the start of each session.

13. General

The Organising Committee reserves the right to make programme changes as circumstances require.

Fitness to compete: It is the responsibility of each participating team to ensure that their athletes are fit to compete in the Meet. If an athlete must retire from a race, or has to be removed from the water due to being unwell, for safety reasons the Organising Committee may withdraw that athlete from the remainder of the Competition.

Swimsuits: Please note that non-tech swimsuits may be worn and do not need to be FINA-approved. Athletes have a choice between wearing non-tech swimsuits or FINA-approved tech swimsuits.

Anti-Doping: It is a condition of participating at the CIJ Meet that Athletes may be required to be tested for prohibited substances in accordance with the FLNS/WADA/FINA Anti-Doping rules.

By registering to the competition, you agree that all photographs taken may be published on our website and/or social media outlets.

The Organising Committee denies all responsibility for theft and accidents.

For any further information:

e-mail : cij@swimming.lu
www.swimming.lu

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Appendix

Warm up Guidelines

During the warm up period the competition pool converts to the following diagram:

COMPETITION POOL START/FINISH END

0	1	2	3	4	5	6	7	8	9
Back stroke Starts	No entry	Circle Only	Circle Only	Circle Only	Circle Only	Circle Only	Circle Only	Pace lane	Sprint Lane
									
Back stroke Starts	Dive Start Sprint Lane	Circle Only	Circle Only	Circle Only	Circle Only	Circle Only	Circle Only	Pace lane	No entry
0	1	2	3	4	5	6	7	8	9

50M START END

COMPETITION/WARM UP POOL :

- DIVING is permitted only in those lanes marked to do so.
- There is NO DIVING IN CIRCLE SWIMMING LANES, entry to these lanes is to be feet first. Circle swimming is anti-clockwise.
- **No paddles, fins or rubber bands are allowed in the Competition Pool.**
- All lanes will be anti-clockwise circle swimming, with feet first entry at all times.
- Lanes one (1) and eight (8) can be used for dive in sprints or relay exchange practice.
- Backstroke ledges will be available.